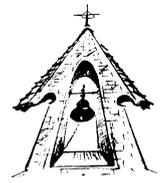


**Parish of St. Joseph & St. Benildus and St. Mary's  
Newtown Road, Waterford City, Ireland**



**NEWSLETTER  
Second Sunday of Lent**

**Date: 21st Feb 2016**  
Volume XIV Number 13

**PARISH INFORMATION  
PRIESTS**

Fr. Liam Power PP 873073  
Fr. John Treacy, CC 843207  
Fr. R. Liddane, A.P. 874284  
**Parish Office & Sacristy: 878977**  
Newsletter Team:  
**jbmnews@gmail.com**  
**A priest is available to help you  
in Ss. Joseph & Benildus Church  
MONDAY, WEDNESDAY & FRIDAY  
from 7.00 pm - 8.00 pm.**

**MASSES THIS WEEK**

**St. Joseph & St. Benildus**  
Mon 7.30 am & 10.30 am  
Tues 7.30 am & 10.30 am  
Wed 7.30 am & 10.30 am  
Thurs 7.30 am & 10.30 am  
Fri 7.30 am & 10.30 am  
Sat 10.30am & 6.30pm  
Sunday 10.00 am & 12pm  
**St. Mary's Ballygunner**  
Saturday: 7pm  
Sunday: 11am

**If you wish to prepare  
next Sunday's Readings:  
3rd Sunday of Lent  
Ex 3:1-8, 13-15.  
Ps 102:1-4, 6-8, 11.  
1Cor 10:1-6,10-12.  
Lk 13: 1-9.**

**Motivation**

'Motivation' is what gets us out of bed in the morning, but motivation comes in all sorts of packages some good and some not so good. Perhaps we get out of bed because we are afraid of getting into trouble for arriving late into work. Perhaps we get out of bed because we need to get paid. For those of us who are more blessed, we get out of bed because life is full of rewards. For most of us, life is a series of highs and lows, but we all know that the 'highs' are few and far between. For most of us life is a series of chores and we can often feel burdened by drudgery and frustration.

In today's gospel reading, Peter James and John are feeling demoralised and fearful about talk of Jesus' imminent death. To motivate them in this difficult period of their discipleship, Jesus leads them up a high mountain where they see a vision of a transfigured Jesus in dazzling white accompanied by Moses and Elijah. If the moment were not so poignant, Peter's reaction might make us laugh. He suggests erecting three tents in which to hold on to the vision.

But is Peter's suggestion so ludicrous? Anything worth achieving in this life is difficult. As we strive towards our goals we are often tested by setbacks, doubts, fear boredom and fatigue. At times like this it's helpful to remind ourselves of our original goal. Taking time out to visualise our goals is a very powerful tool when we need to re-motivate ourselves. Keeping our minds focussed on the ultimate rewards can keep us going when times get tough. Peter, James and John had a moment of revelation that day on the mountain top, and although they could not capture that moment by erecting tents, they had that glimpse of glory to remember and keep with them forever through the testing times ahead.

Christians do not have a quick fix remedy for making problems in life go away, but we share the same motivating vision of God's kingdom as we struggle with life's 'lows'. There's a song that goes "You have to have a dream if you want to make a dream come true."

If we want to make something worthwhile happen, we have to fix a moment of truth firmly in our memory or set out to find one.

**MASSES**

**St. Joseph & St. Benildus Church**

6.30 p.m.

10.00 a.m.

12.00 Noon

**St. Mary's Church**

11.00a.m

7.00 p.m.

**20th/21st Feb 2016**

Margaret, Patrick & Noreen Phelan

Tom Keane

Kathleen Hennessy

Daniel O'Connell

Monica & Dick Kervick

**27th/28th Feb 2016**

Emily Doolan

Anna Maher

Aidan McAvinue

Michael Power

Damien Upton

## Last Sunday's Collection

**€2,498**

*Thank you for your generous offering*

### Reflective prayerful reading of Scripture during Lent (Lectio Divina)

Come and join us weekly for reflective reading of Sunday Gospels with prayer, music, stillness. Thursdays Feb 25th, and March 3rd/10th, from: 7.30pm-8.30pm. The Cry Chapel, St. Joseph & St. Benildus Church.

Join us for one evening or all! *Lectio Divina*: "it consists of reading God's word in a moment of prayer and allowing it to enlighten and renew us". (Pope Francis)

### Update: Parents' Meeting—before Baptism of Children

This month we had yet another enjoyable and reflective meeting. Parents and team spent time exploring our understanding of Baptism. It was also a time for parents to meet each other. May they all have a wonderful Christening day. Our next meeting will be on March 9th.

### Go Green for Lent

In the spirit of modern indulgences, why not give up driving to work? Go green for Lent and decrease your carbon footprint by walking or riding a bike to work or school. If you go green for Lent you're not just practicing self-control, you're helping the environment at the same time.

### Parables of Mercy

St. John's Pastoral Centre, John's Hill, Waterford. Thursday, 25th Feb & 3rd March, 7.30pm. During this Jubilee Year of Mercy, Dr. Michael Mullins will present to us the Parables of Mercy. *Donation 5euro including light refreshments.*

### Visitation Team

We are currently setting up a Visitation Team in the Parish to visit parishioners who are unable to get out, are isolated and who would appreciate some company. All visits will be done in pairs, in the afternoon, and training will be given.

If you are interested in volunteering for this initiative in the Parish, please ring Anne or Betty in the Parish Office, 051 878977.

### An Evening of Taizé

An Evening of Taizé, with the Island of Ireland Peace Choir will take place in Mount Sion, Waterford on Friday 4th March at 8pm.

### Forms of Friday Penance

The following are suggested as ways of fulfilling Friday penance:

- Abstaining from meat or some other food;
- Abstaining from alcoholic drink or smoking;
- Making a special effort at involvement in family prayer;
- Making a special effort to participate in Mass on Fridays;
- Visiting the Blessed Sacrament;
- Making the Stations of the Cross;
- Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy;
- Helping the poor, sick and lonely.

### Prayer

We don't have a problem with the idea of Lenten fasting. We don't have a problem with almsgiving. The third Lenten discipline is prayer, but how many of us remember to pray on a regular basis? Somewhere along the line, there are those among us who have begun to see prayer as a 'not very practical option', and even slightly naive! For others, prayer is central to the way they live. For those who would like to make prayer their daily habit, the best piece of advice is to make some quiet time, and speak to God in just the same way we would speak to a loving father. Remember to be receptive to God's answer, and to give God thanks.

### Trócaire Lenten Appeal

"A little bit of mercy makes the world less cold and more just." *Pope Francis*. This year's appeal focuses on climate change. Trócaire believes that climate change is more than an environmental issue, it is a justice issue.

Trócaire Lenten Boxes are available on tables in the church.

*Please remember in your prayers those who died recently*

**Br. Columba Gleeson, De La Salle  
Delia Grant, Havenwood & Lismore Park.**

**Brian Moloney, Grantstown.  
Gerry Molloy, Dunhill.**

**George Jennings, Lower Newtown.**

*Those whose anniversaries and birthdays occur*  
**Eddie Grant, Rita O'Dowd, William Smith,  
Anastatia Lehart, Jack Barriscale,  
Joseph V. Augustine, Alphie Brophy**