

PARISH OF ST. JOSEPH, ST. BENILDUS & ST. MARY'S

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St Joseph & St Benildus Fr Liam
Power

Service Times

St. Joseph & Benildus

Weekday Masses:

7:30 am & 10:30am

Saturdays 10:30 am only

Holy Days

6:30 vigil & 10:30 am

Evening Prayer of the Church

Finished for the summer

Saturday Vigil Mass: 6:30 pm

Sunday Mass:

10:00 am & 12:00 noon

St. Mary's:

Weekday Masses:

First Fridays 9:30 am (Sep-Jun)

Holy Days

11:00 am

Saturday Vigil Mass: 7:00 pm

Sunday Mass:

11:00 am

Gospel Reflection for the Sixteenth Sunday of Ordinary Time

18 July 2021

Retreat

It's the end of the day and you have been on your feet for the last twelve hours. If one more person makes demands on your good nature you will surely snap. Enough is enough; it's time to retreat. It's when you are feeling this desperate need for your own space that you can perhaps best appreciate the compassion of Jesus in today's gospel.

Exhausted by the demands of the crowds, Jesus and his apostles escaped by boat to find a quiet place to rest. Unfortunately, the crowds worked out where Jesus was off to and beat him to it. Jesus stepped out of the boat to be greeted by the same crowd he had just left behind. He might have been forgiven at this point for snapping, for showing complete exasperation. Instead, Jesus is moved by pity because 'they are like sheep without a shepherd.' These are people who long to be taught, or long to find cures for loved ones. These are people who have no one else to turn to but Jesus, and so Jesus sets about putting their needs before his own.

Jesus is not promoting a work-until-you-drop ethic here. It's important to remember in this story that Jesus was showing his apostles equal compassion. The apostles had just returned from their mission to evangelise. They had travelled many miles, and spent many hours in preaching and in driving out unclean spirits. Jesus' ministry had been timesed by twelve and it didn't take a genius to guess that the small party of men, would suddenly be swamped by excited crowds making hungry demands. Jesus clearly saw that his apostles needed rest and it was for this reason he suggested they make a get away.

We live a lifestyle nowadays where time has become telescoped. We are surrounded by devices and modes of transport designed to save us time, yet we are left with a horrible feeling that somehow, instead of creating more time we have simply ended up living in a fast lane. We work faster, travel faster and eat faster. We rush to fill our lives with more work and yet more work still. We take work home with us from the office and even take our work on holiday with us. Retreating from the world is more important now than ever. We all need time to recharge our batteries both physically and spiritually. We all need time to slow down and decide where our priorities really lie.

Upcoming Masses

17/18 July

24/25 July

St. Joseph & St. Benildus

6:30 pm Vigil

Tim O'Connor

10:00 am

Eileen Dowling

John Walsh (A)

12 noon

Joan Davis (MM)

St. Mary's, Ballygunner

7.00 pm:

11.00am:

Phyllis Drohan (MM)

Michael Troy



Pray for those who died recently:

Alan Murphy

whose Month's Mind Occurs this week:

Joan Davis, Phyllis Drohan

And those whose Birthday or Anniversary occurs this week:



Tim O'Connor, Eileen Dowling, John Walsh, Linda O'Keefe

Pope Francis' Universal Intention for July: Social Friendship

We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship

**This Week at a glance in the Parish and in the Diocese:
Week of Sunday July 18th - Saturday July 24th**

[For the full texts of Daily Mass Readings, click here](#)

Sun 18th	12:30 pm Mass	St. Gregorios (Ballygunner)
Mon 19th	7:30 am Mass	
	10:30 am Mass	
Tues 20th	7:30 am Mass	
	10:30 am Mass	
	7:00 pm	 <div> Monthly Prayer and Praise https://zoom.us/j/98503370245 Meeting ID: 985 0337 0245 Password: 643344 </div> 
Weds 21st	7:30 am Mass	
	10:30 am Mass	
	11:15 am	Wednesday Morning Coffee Hour
Thurs 22nd	7:30 am Mass	
	10:30 am Mass	
Fri 23rd	12:00 am	Lough Derg Pilgrimage begins
	7:30 am Mass	
	10:30am Mass	
Sat 24th	10:30am Mass	Mass Intention: Linda O'Keefe
	Priests are available to hear confessions every Saturday morning after Mass in St. Benildus Church	



Lough Derg Pilgrimage

From July 23rd to July 25th A small group will be completing the pilgrimage in St Joseph & St. Benildus Church. The pilgrimage involves:
 three days of fasting, walking barefoot in the church,
 repeating 'station prayers' and, maintaining a 24 hour vigil.
Please phone Frances Doyle 087 206 78131



All Masses can be viewed via livestream:

[St. Joseph & Benildus](#) or [St. Mary's Ballygunner](#)



If you wish to donate, all payments to the Parish can be made via the donate button on our website **Thank you.**

PARISH OFFICE HOURS

Monday 9am to 5:00pm Lunch 1-2pm
 Tuesday 9am to 5:00pm Lunch 1-2pm
 Wednesday 9am to 3:00pm Lunch 1-2pm
 Thursday 9am to 3:00pm Lunch 1-2pm.
 Friday 9am to 5:00pm Lunch 1-2pm
 The Parish Office is **closed to the public** until further notice but may be contacted by phone on 051 878977 or email : parishofficejbm@gmail.com



YOU'RE NOT ALONE

CORONAVIRUS HELPLINE FOR OLDER PEOPLE

0818 222 024

If you have concerns or queries about COVID-19 call ALONE's dedicated support line everyday, 8am - 8pm. To volunteer your help, visit www.alone.ie

NEXT SUNDAY'S READINGS:

17th Sunday of Ordinary Time
 2 Kings 4:42-44
 Psalm 144:10-11, 15-18, R/v16
 Ephesians 4:1-6
 John 6:1-15

Items for inclusion in the Newsletter must be received by Tuesday 11 am of the week prior to printing: jbmnews@gmail.com