

The People's Mass

THE INTRODUCTORY RITES

Entrance Antiphon (Cf. Ps 27:8-9)

The Lord is the strength of his people,
a saving refuge for the one he has anointed.
Save your people, Lord, and bless your
heritage, and govern them for ever.

In the name of the Father, ... **Amen.**
The grace of our Lord ... **And with your spirit.**

Penitential Act

Brethren (brothers and sisters), ...

A brief pause for silence follows.

I confess to almighty God / and to you, my
brothers and sisters, / that I have greatly
sinned, / in my thoughts and in my words, / in
what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, / through
my most grievous fault; / therefore I ask blessed
Mary ever-Virgin, / all the Angels and Saints, /
and you, my brothers and sisters, / to pray for
me to the Lord our God.

May almighty God have mercy on us, ... **Amen.**
Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

Gloria

Glory to God in the highest, / and on earth peace
to people of good will. / We praise you, / we
bless you, / we adore you, / we glorify you, / we
give you thanks for your great glory, / Lord God,
heavenly King, / O God, almighty Father. / Lord
Jesus Christ, Only Begotten Son, / Lord God,
Lamb of God, Son of the Father, / you take away
the sins of the world, have mercy on us; / you
take away the sins of the world, receive our
prayer; / you are seated at the right hand of the
Father, have mercy on us. / For you alone are
the Holy One, / you alone are the Lord, / you
alone are the Most High, Jesus Christ, / with the
Holy Spirit, / in the glory of God the Father.
Amen.

THE LITURGY OF THE WORD

FIRST READING (Job 38:1.8-11)

A reading from the book of Job.

From the heart of the tempest the Lord gave Job his
answer. He said:

life, / who proceeds from the Father and the
Son, / who with the Father and the Son is adored
and glorified, / who has spoken through the
prophets. / I believe in one, holy, catholic and
apostolic Church. / I confess one Baptism for
the forgiveness of sins / and I look forward to
the resurrection of the dead / and the life of the
world to come. **Amen.**

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice
at your hands**

**for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Eucharistic Prayer

The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God.
It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. ...

After the Consecration

The mystery of faith.

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

THE COMMUNION RITE

At the Saviour's command ...

Our Father, who art in heaven, ...

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom,
the power and the glory are yours
now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.

And with your spirit.

**Lamb of God, you take away the sins of the
world, ...**

Behold the Lamb of God, ...

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon (Ps 144:15)

**The eyes of all look to you, Lord,
and you give them their food in due season.**

so that we can see what hope his call holds
for us.

Alleluia!

GOSPEL (Mk 4:35-41)

The Lord be with you. **And with your spirit.**

**A reading from the holy Gospel
according to Mark. **Glorify to you, O Lord.****

With the coming of evening, Jesus said to his
disciples, 'Let us cross over to the other side.' And
leaving the crowd behind they took him, just as he
was, in the boat; and there were other boats with
him. Then it began to blow a gale and the waves
were breaking into the boat so that it was almost
swamped. But he was in the stern, his head on the
cushion, asleep. They woke him and said to him,
'Master, do you not care? We are going down!' And
he woke up and rebuked the wind and said to the
sea, 'Quiet now! Be calm!' And the wind dropped,
and all was calm again. Then he said to them, 'Why
are you so frightened? How is it that you have no
faith?' They were filled with awe and said to one
another, 'Who can this be? Even the wind and the
sea obey him.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)

**I believe in one God, / the Father almighty, /
maker of heaven and earth, / of all things visible
and invisible. / I believe in one Lord Jesus
Christ, / the Only Begotten Son of God, / born of
the Father before all ages. / God from God,
Light from Light, / true God from true God, /
begotten, not made, consubstantial with the
Father; / through him all things were made. / For
us men and for our salvation / he came down
from heaven,**

*At the words that follow, up to and including
and became man, all bow.*

**and by the Holy Spirit was incarnate of the
Virgin Mary, / and became man. / For our sake
he was crucified under Pontius Pilate, / he
suffered death and was buried, / and rose again
on the third day / in accordance with the
Scriptures. / He ascended into heaven / and is
seated at the right hand of the Father. / He will
come again in glory / to judge the living and the
dead / and his kingdom will have no end. / I
believe in the Holy Spirit, the Lord, the giver of**

Who pent up the sea behind closed doors when it
leapt tumultuous out of the womb, when I wrapped
it in a robe of mist and made black clouds its
swaddling bands; when I marked the bounds it was
not to cross and made it fast with a bolted gate?
Come thus far, I said, and no farther: here your
proud waves shall break.

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM (Ps 106:23-26.28-31)

**℟ O give thanks to the Lord,
for his love endures for ever.**

- Some sailed to the sea in ships
to trade on the mighty waters.
These men have seen the Lord's deeds,
the wonders he does in the deep. **℟**
- For he spoke; he summoned the gale,
tossing the waves of the sea
up to heaven and back into the deep;
their soul melted away in their distress. **℟**
- Then they cried to the Lord in their need
and he rescued them from their distress.
He stilled the storm to a whisper:
all the waves of the sea were hushed. **℟**
- They rejoiced because of the calm
and he led them to the haven they desired.
Let them thank the Lord for his love,
the wonders he does for men. **℟**

SECOND READING (2 Cor 5:14-17)

A reading from the second letter of St Paul
to the Corinthians.

The love of Christ overwhelms us when we reflect
that if one man has died for all, then all men should
be dead; and the reason he died for all was so that
living men should live no longer for themselves, but
for him who died and was raised to life for them.

From now onwards, therefore, we do not judge
anyone by the standards of the flesh. Even if we did
once know Christ in the flesh, that is not how we
know him now. And for anyone who is in Christ,
there is a new creation; the old creation has gone,
and now the new one is here.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION (Cf. Eph 1:17-18)

Alleluia, alleluia!

**May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,**