

The People's Mass

THE INTRODUCTORY RITES

Entrance Antiphon (Cf. Ps 16:15)

As for me, in justice I shall behold your face;
I shall be filled with the vision of your glory.

In the name of the Father, ... Amen.
The grace of our Lord ... And with your spirit.

Penitential Act

Brethren (brothers and sisters), ...

A brief pause for silence follows.

You were sent to heal the contrite of heart:

Lord, have mercy. Or: Kyrie, eleison.
Lord, have mercy. Or: Kyrie, eleison.

You came to call sinners:

Christ, have mercy. Or: Christe, eleison.
Christ, have mercy. Or: Christe, eleison.

You are seated at the right hand of the Father
to intercede for us:

Lord, have mercy. Or: Kyrie, eleison.
Lord, have mercy. Or: Kyrie, eleison.

May almighty God have mercy on us, ... Amen.

Gloria

Glorify God in the highest, / and on earth peace
to people of good will. / We praise you, / we
bless you, / we adore you, / we glorify you, / we
give you thanks for your great glory, / Lord God,
heavenly King, / O God, almighty Father. / Lord
Jesus Christ, Only Begotten Son, / Lord God,
Lamb of God, Son of the Father, / you take away
the sins of the world, have mercy on us; / you
take away the sins of the world, receive our
prayer; / you are seated at the right hand of the
Father, have mercy on us. / For you alone are
the Holy One, / you alone are the Lord, / you
alone are the Most High, Jesus Christ, / with the
Holy Spirit, / in the glory of God the Father.
Amen.

THE LITURGY OF THE WORD

FIRST READING (Am 7:12-15)

A reading from the prophet Amos.

Amaziah, the priest of Bethel, said to Amos, 'Go
away, seer; get back to the land of Judah; earn your
bread there, do your prophesying there. We want
no more prophesying in Bethel; this is the royal
sanctuary, the national temple.' 'I was no prophet,
neither did I belong to any of the brotherhoods of
prophets,' Amos replied to Amaziah. 'I was a
shepherd, and looked after sycamores: but it was
the Lord who took me from herding the flock. and

the Lord who said, "Go, prophesy to my people
Israel."

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM (Ps 84:9-14)

R Let us see, O Lord, your mercy
and give us your saving help.

- I will hear what the Lord God has to say,
a voice that speaks of peace,
peace for his people.
His help is near for those who fear him
and his glory will dwell in our land. **R**
- Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **R**
- The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **R**

SECOND READING (Eph 1:3-14)

(For Shorter Form, read between ♦ ♦)

A reading from the letter of St Paul
to the Ephesians.

♦ Blessed be God the Father of our Lord Jesus
Christ, who has blessed us with all the spiritual
blessings of heaven in Christ. Before the world was
made, he chose us, chose us in Christ, to be holy
and spotless, and to live through love in his
presence, determining that we should become his
adopted sons, through Jesus Christ for his own kind
purposes, to make us praise the glory of his grace,
his free gift to us in the Beloved in whom, through
his blood, we gain our freedom, the forgiveness of
our sins.

Such is the richness of the grace which he has
showered on us in all wisdom and insight. He has
let us know the mystery of his purpose, the hidden
plan he so kindly made in Christ from the beginning
to act upon when the times had run their course to
the end: that he would bring everything together
under Christ, as head, everything in the heavens
and everything on earth. ♦ And it is in him that we
were claimed as God's own, chosen from the
beginning, under the predetermined plan of the one
who guides all things as he decides by his own will;
chosen to be, for his greater glory, the people who
would put their hopes in Christ before he came.

Now you too, in him, have heard the message of
the truth and the good news of your salvation. and

have believed it: and you too have been stamped
with the seal of the Holy Spirit of the Promise, the
pledge of our inheritance which brings freedom for
those whom God has taken for his own, to make his
glory praised.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION (Cf. Jn 6:63.68)

Alleluia, alleluia!
Your words are spirit, Lord,
and they are life:
you have the message of eternal life.
Alleluia!

GOSPEL (Mk 6:7-13)

The Lord be with you. And with your spirit.

A reading from the holy Gospel
according to Mark. Glory to you, O Lord.

Jesus summoned the Twelve and began to send
them out in pairs giving them authority over the
unclean spirits. And he instructed them to take
nothing for the journey except a staff – no bread, no
haversack, no coppers for their purses. They were
to wear sandals but, he added, 'Do not take a spare
tunic.' And he said to them, 'If you enter a house
anywhere, stay there until you leave the district. And
if any place does not welcome you and people
refuse to listen to you, as you walk away shake off
the dust from under your feet as a sign to them.' So
they set off to preach repentance; and they cast out
many devils, and anointed many sick people with
oil and cured them.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)

I believe in one God, / the Father almighty, /
maker of heaven and earth, / of all things visible
and invisible. / I believe in one Lord Jesus
Christ, / the Only Begotten Son of God, / born of
the Father before all ages. / God from God,
Light from Light, / true God from true God, /
begotten, not made, consubstantial with the
Father; / through him all things were made. / For
us men and for our salvation / he came down
from heaven,

*At the words that follow, up to and including
and became man, all bow.*

and by the Holy Spirit was incarnate of the
Virgin Mary, / and became man. / For our sake
he was crucified under Pontius Pilate, / he
suffered death and was buried, / and rose again
on the third day / in accordance with the

Scriptures. / He ascended into heaven / and is
seated at the right hand of the Father. / He will
come again in glory / to judge the living and the
dead / and his kingdom will have no end. / I
believe in the Holy Spirit, the Lord, the giver of
life, / who proceeds from the Father and the
Son, / who with the Father and the Son is adored
and glorified, / who has spoken through the
prophets. / I believe in one, holy, catholic and
apostolic Church. / I confess one Baptism for
the forgiveness of sins / and I look forward to
the resurrection of the dead / and the life of the
world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

May the Lord accept the sacrifice at your hands,
for the praise and glory of his name, for our
good and the good of all his holy Church.

Eucharistic Prayer

The Lord be with you. And with your spirit.
Lift up your hearts. We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. ...

After the Consecration

The mystery of faith.

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

THE COMMUNION RITE

At the Saviour's command ...

Our Father, who art in heaven, ...

Deliver us, Lord, we pray, from every evil, ...

For the kingdom,
the power and the glory are yours
now and for ever.

Lord Jesus Christ, ... Amen.

The peace of the Lord be with you always.

And with your spirit.

Lamb of God, you take away the sins ...

Behold the Lamb of God, ...

Lord, I am not worthy ...

Communion Antiphon (Cf. Ps 83:4-5)

The sparrow finds a home,
and the swallow a nest for her young:
by your altars, O Lord of hosts, my King
and my God.

Blessed are they who dwell in your house,
for ever singing your praise.