

# The People's Mass

## THE INTRODUCTORY RITES

**Entrance Antiphon** (Cf. Ps 67:6-7:36)

**God is in his holy place,  
God who unites those who dwell in his house;  
he himself gives might and strength  
to his people.**

In the name of the Father, and of the Son, ... **Amen.**  
The grace of our Lord Jesus Christ, ...  
**And with your spirit.**

### Penitential Act

Brethren (brothers and sisters), ...  
*A brief pause for silence follows.*

You were sent to heal the contrite of heart:  
Lord, have mercy. **Or: Kyrie, eleison.**  
Lord, have mercy. **Or: Kyrie, eleison.**

You came to call sinners:  
Christ, have mercy. **Or: Christe, eleison.**  
Christ, have mercy. **Or: Christe, eleison.**

You are seated at the right hand of the Father  
to intercede for us:  
Lord, have mercy. **Or: Kyrie, eleison.**  
Lord, have mercy. **Or: Kyrie, eleison.**  
May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life. **Amen.**

### Gloria

**Glory to God in the highest, / and on earth peace  
to people of good will. / We praise you, / we bless  
you, / we adore you, / we glorify you, / we give you  
thanks for your great glory, / Lord God, heavenly  
King, / O God, almighty Father. / Lord Jesus Christ,  
Only Begotten Son, / Lord God, Lamb of God, Son  
of the Father, / you take away the sins of the world,  
have mercy on us; / you take away the sins of the  
world, receive our prayer; / you are seated at the  
right hand of the Father, have mercy on us. / For  
you alone are the Holy One, / you alone are the  
Lord, / you alone are the Most High, Jesus Christ, /  
with the Holy Spirit, / in the glory of God the Father.  
**Amen.****

## THE LITURGY OF THE WORD

**FIRST READING** (2 Kg 4:42-44)

A reading from the second book of the Kings.  
A man came from Baal-shalishah, bringing Elisha, the  
man of God, bread from the first-fruits, twenty barley  
loaves and fresh grain in the ear. 'Give it to the people  
to eat,' Elisha said. But his servant replied, 'How can

**Baptism for the forgiveness of sins / and I look  
forward to the resurrection of the dead / and the  
life of the world to come. Amen.**

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...  
**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### Eucharistic Prayer

The Lord be with you. **And with your spirit.**  
Lift up your hearts. **We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

### Sanctus

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name  
of the Lord.**

**Hosanna in the highest.**

### After the Consecration

The mystery of faith.  
**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

## THE COMMUNION RITE

At the Saviour's command ...  
**Our Father, who art in heaven, ...**  
Deliver us, Lord, we pray, from every evil, ...  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**  
Lord Jesus Christ, ... **Amen.**  
The peace of the Lord be with you always.  
**And with your spirit.**

*As the priest breaks the consecrated Host the following is  
sung or said:*

**Lamb of God, you take away the sins ...**  
*Showing the Eucharist to the people, the priest says:*  
Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.  
**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon** (Ps 102:2)

**Bless the Lord, O my soul,  
and never forget all his benefits.**

I serve this to a hundred men?' 'Give it to the people  
to eat', he insisted, 'for the Lord says this, "They will  
eat and have some left over."' He served them; they  
ate and had some over, as the Lord had said.

The word of the Lord. **Thanks be to God.**

**RESPONSORIAL PSALM** (Ps 144:10-11.15-18)

**R You open wide your hand, O Lord,  
and grant our desires.**

- All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **R**
- The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. **R**
- The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. **R**

**SECOND READING** (Eph 4:1-6)

A reading from the letter of St Paul to the Ephesians.  
I, the prisoner in the Lord, implore you to lead a life  
worthy of your vocation. Bear with one another  
charitably, in complete selflessness, gentleness and  
patience. Do all you can to preserve the unity of the  
Spirit by the peace that binds you together. There is  
one Body, one Spirit, just as you were all called into  
one and the same hope when you were called. There  
is one Lord, one faith, one baptism, and one God who  
is Father of all, through all and within all.

The word of the Lord. **Thanks be to God.**

**GOSPEL ACCLAMATION** (Cf. Jn 6:63.68)

**Alleluia, alleluia!**  
**Your words are spirit, Lord,  
and they are life:  
you have the message of eternal life.  
Alleluia!**

**GOSPEL** (Jn 6:1-15)

The Lord be with you. **And with your spirit.**  
**✠** A reading from the holy Gospel  
according to John. **Glory to you, O Lord.**

Jesus went off to the other side of the Sea of Galilee  
– or of Tiberias – and a large crowd followed him,  
impressed by the signs he gave by curing the sick.  
Jesus climbed the hillside, and sat down there with  
his disciples. It was shortly before the Jewish feast of  
Passover.