

# The People's Mass

## THE INTRODUCTORY RITES

**Entrance Antiphon** (Cf. Ps 16:6.8)

To you I call; for you will surely heed me,  
O God;

turn your ear to me; hear my words.

Guard me as the apple of your eye;  
in the shadow of your wings protect me.

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

The grace of our Lord Jesus Christ,  
and the love of God,

and the communion of the Holy Spirit  
be with you all.

**And with your spirit.**

**Penitential Act**

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

You were sent to heal the contrite of heart:

Lord, have mercy. **Or:** Kyrie, eleison.

**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:

Christ, have mercy. **Or:** Christe, eleison.

**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the Father  
to intercede for us:

Lord, have mercy. **Or:** Kyrie, eleison.

**Lord, have mercy. Or: Kyrie, eleison.**

May almighty God have mercy on us,  
forgive us our sins,

and bring us to everlasting life.

**Amen.**

**Gloria**

**Gloria to God in the highest, / and on earth peace  
to people of good will. / We praise you, / we  
bless you, / we adore you, / we glorify you, / we  
give you thanks for your great glory, / Lord God,  
heavenly King, / O God, almighty Father. / Lord  
Jesus Christ, Only Begotten Son, / Lord God,  
Lamb of God, Son of the Father, / you take away  
the sins of the world, have mercy on us; / you  
take away the sins of the world, receive our  
prayer; / you are seated at the right hand of the  
Father, have mercy on us. / For you alone are  
the Holy One, / you alone are the Lord, / you  
alone are the Most High, Jesus Christ, / with the  
Holy Spirit, / in the glory of God the Father.  
Amen.**

## THE LITURGY OF THE WORD

**FIRST READING** (Is 53:10-11)

A reading from the prophet Isaiah.

The Lord has been pleased to crush his servant  
with suffering.

If he offers his life in atonement,  
he shall see his heirs, he shall have a long life  
and through him what the Lord wishes  
will be done.

His soul's anguish over  
he shall see the light and be content.  
By his sufferings shall my servant justify many,  
taking their faults on himself.

The word of the Lord. **Thanks be to God.**

**RESPONSORIAL PSALM** (Ps 32:4-5.18-20.22)

**R** **May your love be upon us, O Lord,  
as we place all our hope in you.**

1. The word of the Lord is faithful  
and all his works to be trusted.  
The Lord loves justice and right  
and fills the earth with his love. **R**
2. The Lord looks on those who revere him,  
on those who hope in his love,  
to rescue their souls from death,  
to keep them alive in famine. **R**
3. Our soul is waiting for the Lord.  
The Lord is our help and our shield.  
May your love be upon us, O Lord,  
as we place all our hope in you. **R**

**SECOND READING** (Heb 4:14-16)

A reading from the letter to the Hebrews.

Since in Jesus, the Son of God, we have the supreme high priest who has gone through to the highest heaven, we must never let go of the faith that we have professed. For it is not as if we had a high priest who was incapable of feeling our weaknesses with us; but we have one who has been tempted in every way that we are, though he is without sin. Let us be confident, then, in approaching the throne of grace, that we shall have mercy from him and find grace when we are in need of help.

The word of the Lord. **Thanks be to God.**

**GOSPEL ACCLAMATION** (Mk 10:45)

**Alleluia, alleluia!**

**The Son of Man came to serve,  
and to give his life as a ransom for many.  
Alleluia!**

(Contd on back page)

## GOSPEL

(For Shorter Form, read between ♦ ♦).

(Mk 10:35-45)

The Lord be with you. **And with your spirit.**

A reading from the holy Gospel  
according to Mark. **Glory to you, O Lord.**

James and John, the sons of Zebedee, approached Jesus. 'Master,' they said to him, 'we want you to do us a favour.' He said to them, 'What is it you want me to do for you?' They said to him, 'Allow us to sit one at your right hand and the other at your left in your glory.' 'You do not know what you are asking,' Jesus said to them. 'Can you drink the cup that I must drink, or be baptised with the baptism with which I must be baptised?' They replied, 'We can.' Jesus said to them, 'The cup that I must drink you shall drink, and with the baptism with which I must be baptised you shall be baptised, but as for seats at my right hand or my left, these are not mine to grant; they belong to those to whom they have been allotted.' When the other ten heard this they began to feel indignant with James and John, so ♦ Jesus called them to him and said to them, 'You know that among the pagans their so-called rulers lord it over them, and their great men make their authority felt. This is not to happen among you. No; anyone who wants to become great among you must be your servant, and anyone who wants to be first among you must be slave to all. For the Son of Man himself did not come to be served but to serve, and to give his life as a ransom for many.' ♦

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith** (Nicene Creed)

I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

*At the words that follow, up to and including  
and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he

suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. **Amen.**

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

**Eucharistic Prayer**

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**  
Let us give thanks to the Lord our God.

**Sanctus** **It is right and just.**

**Holy, Holy, Holy Lord God of hosts. ...**

**After the Consecration**

The mystery of faith.

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

## THE COMMUNION RITE

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven, ...**

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ, ...

**Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

**Lamb of God, you take away the sins ...**

Behold the Lamb of God, ...

**Lord, I am not worthy ...**

**Communion Antiphon** (Cf. Ps 32:18-19)

Behold, the eyes of the Lord  
are on those who fear him,  
who hope in his merciful love,  
to rescue their souls from death,  
to keep them alive in famine.