

The People's Mass

THE INTRODUCTORY RITES

Entrance Antiphon (Cf. *Is 45:8*)
Drop down dew from above, you heavens, and let the clouds rain down the Just One; let the earth be opened and bring forth a Saviour.

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**
The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. **And with your spirit.**

Penitential Act
Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

A brief pause for silence follows.

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**
Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

(The Gloria is not said.)

THE LITURGY OF THE WORD

FIRST READING (*Mic 5:1-4*)
A reading from the prophet Micah.

The Lord says this:
You, Bethlehem Ephrathah, the least of the clans of Judah, out of you will be born for me the one who is to rule over Israel; his origin goes back to the distant past, to the days of old. The Lord is therefore going to abandon them till the time when she who is to give birth gives birth. Then the remnant of his brothers will come back to the sons of Israel. He will stand and feed his flock with the power of the Lord,

with the majesty of the name of his God. They will live secure, for from then on he will extend his power to the ends of the land. He himself will be peace.

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM (*Ps 79:2-3. 15-16. 18-19*)

R **God of hosts, bring us back; let your face shine on us and we shall be saved.**

- O shepherd of Israel, hear us, shine forth from your cherubim throne. O Lord, rouse up your might, O Lord, come to our help. **R**
- God of hosts, turn again, we implore, look down from heaven and see. Visit this vine and protect it, the vine your right hand has planted. **R**
- May your hand be on the man you have chosen, the man you have given your strength. And we shall never forsake you again: give us life that we may call upon your name. **R**

SECOND READING (*Heb 10:5-10*)

A reading from the letter to the Hebrews.
This is what Christ said, on coming into the world: You who wanted no sacrifice or oblation, prepared a body for me. You took no pleasure in holocausts or sacrifices for sin; then I said, just as I was commanded in the scroll of the book, 'God, here I am! I am coming to obey your will.'

Notice that he says first: You did not want what the Law lays down as the things to be offered, that is: the sacrifices, the oblations, the holocausts and the sacrifices for sin, and you took no pleasure in them; and then he says: Here I am! I am coming to obey your will. He is abolishing the first sort to replace it with the second. And this will was for us to be made holy by the offering of his body made once and for all by Jesus Christ.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION (*Lk 1:38*)

Alleluia, alleluia!
I am the handmaid of the Lord:
let what you have said be done to me.
Alleluia!

(contd on back page)

GOSPEL (*Lk 1:39-44*)

The Lord be with you. **And with your spirit.**

A reading from the holy Gospel according to Luke. **Glory to you, O Lord.**

Mary set out and went as quickly as she could to a town in the hill country of Judah. She went into Zechariah's house and greeted Elizabeth. Now as soon as Elizabeth heard Mary's greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. She gave a loud cry and said, 'Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For the moment your greeting reached my ears, the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Profession of Faith (*Apostles' Creed*)

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including the Virgin Mary, all bow.

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), that my sacrifice and yours

may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Eucharistic Prayer

The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God.

It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

After the Consecration

The mystery of faith.
Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

THE COMMUNION RITE

At the Saviour's command ...
Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Deliver us, Lord, we pray, from every evil, ...

For the kingdom, the power and the glory are yours now and for ever.

Lord Jesus Christ, ... **Amen.**
The peace of the Lord be with you always.

And with your spirit.

As the priest breaks the consecrated host the following is sung or said:

Lamb of God, you take away the sins ...

Behold the Lamb of God, ...

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Antiphon (*Is 7:14*)

Behold, a Virgin shall conceive and bear a son; and his name will be called Emmanuel.