

# The People's Mass

## THE INTRODUCTORY RITES

**Entrance Antiphon** (Cf. Ps 42:1-2)

Give me justice, O God, and plead my cause against a nation that is faithless.

From the deceitful and cunning rescue me, for you, O God, are my strength.

In the name of the Father, ... **Amen.**

The grace of our Lord ... **And with your spirit.**

**Penitential Act**

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

May almighty God have mercy on us, ... **Amen.**

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

*(The Gloria is not said.)*

## THE LITURGY OF THE WORD

**FIRST READING** (Is 43:16-21)

A reading from the prophet Isaiah.

Thus says the Lord, who made a way through the sea, a path in the great waters; who put chariots and horse in the field and a powerful army, which lay there never to rise again, snuffed out, put out like a wick:

No need to recall the past, no need to think about what was done before. See, I am doing a new deed, even now it comes to light; can you not see it? Yes, I am making a road in the wilderness, paths in the wilds.

The wild beasts will honour me, jackals and ostriches, because I am putting water in the wilderness (rivers in the wild) to give my chosen people drink. The people I have formed for myself will sing my praises.

The word of the Lord.

**Thanks be to God.**

## RESPONSORIAL PSALM

(Ps 125)

**R. What marvels the Lord worked for us! Indeed we were glad.**

1. When the Lord delivered Zion from bondage, it seemed like a dream. Then was our mouth filled with laughter, on our lips there were songs. **R.**
2. The heathens themselves said: 'What marvels the Lord worked for them!' What marvels the Lord worked for us! Indeed we were glad. **R.**
3. Deliver us, O Lord, from our bondage as streams in dry land. Those who are sowing in tears will sing when they reap. **R.**
4. They go out, they go out, full of tears, carrying seed for the sowing: they come back, they come back, full of song, carrying their sheaves. **R.**

## SECOND READING

(Phil 3:8-14)

A reading from the letter of St Paul to the Philippians.

I believe nothing can happen that will outweigh the supreme advantage of knowing Christ Jesus my Lord. For him I have accepted the loss of everything, and I look on everything as so much rubbish if only I can have Christ and be given a place in him. I am no longer trying for perfection by my own efforts, the perfection that comes from the Law, but I want only the perfection that comes through faith in Christ, and is from God and based on faith. All I want is to know Christ and the power of his resurrection and to share his sufferings by reproducing the pattern of his death. That is the way I can hope to take my place in the resurrection of the dead. Not that I have become perfect yet: I have not yet won, but I am still running, trying to capture the prize for which Christ Jesus captured me. I can assure you my brothers, I am far from thinking that I have already won. All I can say is that I forget the past and I strain ahead for what is still to come; I am racing for the finish, for the prize to which God calls us upwards to receive in Christ Jesus.

The word of the Lord.

**Thanks be to God.**

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on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. **Amen.**

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

**Eucharistic Prayer**

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

**Sanctus**

**Holy, Holy, Holy Lord God of hosts. ...**

**After the Consecration**

The mystery of faith.

**We proclaim your Death, O Lord, and profess your Resurrection until you come again.**

## THE COMMUNION RITE

At the Saviour's command ...

**Our Father, who art in heaven, ...**

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom,**

**the power and the glory are yours now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

**Lamb of God, you take away the sins ...**

*Showing the Eucharist to the people, the priest says:*

Behold the Lamb of God, ...

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

**Communion Antiphon** (Jn 8:10-11)

**Has no one condemned you, woman? No one, Lord. Neither shall I condemn you. From now on, sin no more.**

**GOSPEL ACCLAMATION** (Cf. Amos 5:14)

**Praise to you, O Christ, king of eternal glory! Seek good and not evil so that you may live, and that the Lord God of hosts may really be with you.**

**Praise to you, O Christ, king of eternal glory!**

**GOSPEL** (Jn 8:1-11)

The Lord be with you. **And with your spirit.**

**✠** A reading from the holy Gospel according to John. **Glory to you, O Lord.**

Jesus went to the Mount of Olives. At daybreak he appeared in the Temple again; and as all the people came to him, he sat down and began to teach them.

The scribes and Pharisees brought a woman along who had been caught committing adultery; and making her stand there in full view of everybody, they said to Jesus, 'Master, this woman was caught in the very act of committing adultery, and Moses has ordered us in the Law to condemn women like this to death by stoning. What have you to say?'

They asked him this as a test, looking for something to use against him. But Jesus bent down and started writing on the ground with his finger. As they persisted with their question, he looked up and said, 'If there is one of you who has not sinned, let him be the first to throw a stone at her.' Then he bent down and wrote on the ground again. When they heard this they went away one by one, beginning with the eldest, until Jesus was left alone with the woman, who remained standing there. He looked up and said, 'Woman, where are they? Has no one condemned you?' 'No one, sir,' she replied. 'Neither do I condemn you,' said Jesus, 'go away, and don't sin any more.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith** (Apostles' Creed)

**I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,**

*At the words that follow, up to and including the Virgin Mary, all bow.*

**who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell;**