

The People's Mass

THE INTRODUCTORY RITES

Entrance Antiphon (Cf. Ps 26:8-9)
**Of you my heart has spoken: Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.**

In the name of the Father, and of the Son, ... Amen.
The grace of our Lord Jesus Christ, ...
And with your spirit.

Penitential Act

Brethren (brothers and sisters), ...
A brief pause for silence follows.
You were sent to heal the contrite of heart:
Lord, have mercy. **Lord, have mercy.**
You came to call sinners:
Christ, have mercy. **Christ, have mercy.**
You are seated at the right hand of the Father
to intercede for us:
Lord, have mercy. **Lord, have mercy.**
May almighty God have mercy on us, forgive us our
sins, and bring us to everlasting life. **Amen.**

(The Gloria is not said.)

THE LITURGY OF THE WORD

FIRST READING (Gn 15:5-12.17-18)
A reading from the book of Genesis.

Taking Abram outside the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants,' he told him. Abram put his faith in the Lord, who counted this as making him justified. 'I am the Lord,' he said to him, 'who brought you out of Ur of the Chaldeans to make you heir to this land.' 'My Lord, the Lord,' Abram replied, 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off.

Now as the sun was setting Abram fell into a deep sleep, and terror seized him. When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms:

'To your descendants I give this land,
from the wadi of Egypt to the Great River.'

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM (Ps 26:1.7-9.13-14)

R: The Lord is my light and my help.

- The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life;
before whom shall I shrink? **R**
- O Lord, hear my voice when I call;
have mercy and answer.
Of you my heart has spoken:
'Seek his face.' **R**
- It is your face, O Lord, that I seek;
hide not your face.
Dismiss not your servant in anger;
you have been my help. **R**
- I am sure I shall see the Lord's goodness
in the land of the living.
Hope in him, hold firm and take heart.
Hope in the Lord! **R**

SECOND READING (Phil 3:17-4:1)

A reading from the letter of St Paul
to the Philippians.

My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us. I have told you often, and I repeat it today with tears, there are many who are behaving as the enemies of the cross of Christ. They are destined to be lost. They make foods into their god and they are proudest of something they ought to think shameful; the things they think important are earthly things. For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION (Mt 17:5)

**Glory and praise to you, O Christ!
From the bright cloud, the Father's voice
was heard:**

**'This is my Son, the Beloved. Listen to him!'
Glory and praise to you, O Christ!**

(contd on back page)

GOSPEL (Lk 9:28-36)
The Lord be with you. **And with your spirit.**

A reading from the holy Gospel
according to Luke. **Glory to you, O Lord.**
Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' - He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him'. And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)
I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

*At the words that follow, up to and including
and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the

Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...
**May the Lord accept the sacrifice at your hands
for the praise and glory of his name, for our good
and the good of all his holy Church.**

Eucharistic Prayer

The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God.
It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

After the Consecration

The mystery of faith.
**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

THE COMMUNION RITE

At the Saviour's command
and formed by divine teaching,
we dare to say:
Our Father, who art in heaven, ...
Deliver us, Lord, we pray, from every evil, ...
**For the kingdom, the power and the glory are
yours now and for ever.**
Lord Jesus Christ, ... **Amen.**
The peace of the Lord be with you always.
And with your spirit.

*As the priest breaks the consecrated host the following is
sung or said:*

Lamb of God, you take away the sins ...
Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.
**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon (Mt 17:5)
**This is my beloved Son, with whom I am well
pleased; listen to him.**