

# The People's Mass

## THE INTRODUCTORY RITES

**Entrance Antiphon** (Cf. Ps 24:15-16)

**My eyes are always on the Lord,  
for he rescues my feet from the snare.  
Turn to me and have mercy on me,  
for I am alone and poor.**

In the name of the Father, ... **Amen.**  
The grace of our Lord ... **And with your spirit.**

**Penitential Act**

Brethren (brothers and sisters), ...  
*A brief pause for silence follows.*

Have mercy on us, O Lord.  
**For we have sinned against you.**  
Show us, O Lord, your mercy.  
**And grant us your salvation.**

May almighty God have mercy on us,  
forgive us our sins, and bring us to everlasting life.  
**Amen.**

*(The Gloria is not said.)*

## THE LITURGY OF THE WORD

**FIRST READING** (Ex 3:1-8.13-15)

A reading from the book of Exodus.

Moses was looking after the flock of Jethro, his father-in-law, priest of Midian. He led his flock to the far side of the wilderness and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in the shape of a flame of fire, coming from the middle of a bush. Moses looked; there was the bush blazing but it was not being burnt up. 'I must go and look at this strange sight,' Moses said, 'and see why the bush is not burnt.' Now the Lord saw him go forward to look, and God called to him from the middle of the bush. 'Moses, Moses!' he said. 'Here I am,' he answered. 'Come no nearer,' he said. 'Take off your shoes, for the place on which you stand is holy ground. I am the God of your father,' he said, 'the God of Abraham, the God of Isaac and the God of Jacob.' At this Moses covered his face, afraid to look at God. And the Lord said, 'I have seen the miserable state of my people in Egypt. I have heard their appeal to be free of their slave-drivers. Yes, I am well aware of their sufferings. I mean to deliver them out of the hands of the Egyptians and bring them up out of that land to a land rich and broad, a land where milk and honey flow.'

Then Moses said to God, 'I am to go, then, to the sons of Israel and say to them, "The God of your fathers has sent me to you." But if they ask me what his name is, what am I to tell them?' And God said to Moses, 'I Am

who I Am. This', he added, 'is what you must say to the sons of Israel: "The Lord, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you." This is my name for all time; by this name I shall be invoked for all generations to come.'

The word of the Lord. **Thanks be to God.**

**RESPONSORIAL PSALM** (Ps 102:1-4.6-8.11)

**R** **The Lord is compassion and love.**

1. My soul, give thanks to the Lord,  
all my being, bless his holy name.  
My soul give thanks to the Lord  
and never forget all his blessings. **R**
2. It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and compassion. **R**
3. The Lord does deeds of justice,  
gives judgement for all who are oppressed.  
He made known his ways to Moses  
and his deeds to Israel's sons. **R**
4. The Lord is compassion and love,  
slow to anger and rich in mercy.  
For as the heavens are high above the earth  
so strong is his love for those who fear him. **R**

**SECOND READING** (1 Cor 10:1-6.10-12)

A reading from the first letter of St Paul  
to the Corinthians.

I want to remind you, brothers, how our fathers were all guided by a cloud above them and how they all passed through the sea. They were all baptised into Moses in this cloud and in this sea; all ate the same spiritual food and all drank the same spiritual drink, since they all drank from the spiritual rock that followed them as they went, and that rock was Christ. In spite of this, most of them failed to please God and their corpses littered the desert.

These things all happened as warnings for us, not to have the wicked lusts for forbidden things that they had. You must never complain: some of them did, and they were killed by the Destroyer.

All this happened to them as a warning and it was written down to be a lesson for us who are living at the end of the age. The man who thinks he is safe must be careful that he does not fall.

The word of the Lord. **Thanks be to God.**

**GOSPEL ACCLAMATION** (Mt 4:17)

**Glory to you, O Christ, you are the Word of God!  
Repent, says the Lord,  
for the kingdom of heaven is close at hand.  
Glory to you, O Christ, you are the Word of God!**

*(contd on back page)*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...  
**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

**Eucharistic Prayer**

The Lord be with you. **And with your spirit.**  
Lift up your hearts. **We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

**Sanctus**

**Holy, Holy, Holy Lord God of hosts. ...**

**After the Consecration**

The mystery of faith.

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

## THE COMMUNION RITE

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil, ...  
**For the kingdom, the power and the glory are  
yours now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

**Lamb of God, you take away the sins ...**

*Showing the Eucharist to the people, the priest says:*  
Behold the Lamb of God, ...

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon** (Cf. Ps 83:4-5)

**The sparrow finds a home,  
and the swallow a nest for her young:  
by your altars, O Lord of hosts, my King  
and my God.**

**Blessed are they who dwell in your house,  
for ever singing your praise.**

## GOSPEL

The Lord be with you. **And with your spirit.**

**A reading from the holy Gospel  
according to Luke.** **Glory to you, O Lord.**

Some people arrived and told Jesus about the Galileans whose blood Pilate had mingled with that of their sacrifices. At this he said to them, 'Do you suppose these Galileans who suffered like that were greater sinners than any other Galileans? They were not, I tell you. No; but unless you repent you will all perish as they did. Or those eighteen on whom the tower at Siloam fell and killed them? Do you suppose that they were more guilty than all the other people living in Jerusalem? They were not, I tell you. No; but unless you repent you will all perish as they did.'

He told this parable: 'A man had a fig tree planted in his vineyard and he came looking for fruit on it but found none. He said to the man who looked after the vineyard, "Look here, for three years now I have been coming to look for fruit on this fig tree and finding none. Cut it down: why should it be taking up the ground?" "Sir," the man replied, "leave it one more year and give me time to dig round it and manure it: it may bear fruit next year; if not, then you can cut it down."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith** (Apostles' Creed)

**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,**

*At the words that follow, up to and including the Virgin Mary, all bow.*

**who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the  
Father almighty;  
from there he will come to judge the living and  
the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

*The priest introduces the Prayer of the Faithful.*