

The People's Mass

THE INTRODUCTORY RITES

Entrance Antiphon (Cf. Ps 80:17)
He fed them with the finest wheat and satisfied them with honey from the rock.

In the name of the Father, ... **Amen.**
The grace of our Lord ... **And with your spirit.**

Penitential Act
Brethren (brothers and sisters), ...
A brief pause for silence follows.

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us, ... **Amen.**
Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

Gloria
Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, have mercy on us; / you take away the sins of the world, receive our prayer; / you are seated at the right hand of the Father, have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.

THE LITURGY OF THE WORD

FIRST READING (Gn 14:18-20)
A reading from the book of Genesis.
Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM (Ps 109:1-4)

R You are a priest for ever, a priest like Melchizedek of old.

1. The Lord's revelation to my Master:
'Sit on my right:
I will put your foes beneath your feet.' **R**
2. The Lord will send from Zion
your sceptre of power:
rule in the midst of all your foes. **R**
3. A prince from the day of your birth
on the holy mountains;
from the womb before the daybreak
I begot you. **R**
4. The Lord has sworn an oath he will not change.
'You are a priest for ever,
a priest like Melchizedek of old.' **R**

SECOND READING (1 Cor 11:23-26)

A reading from the first letter of St Paul to the Corinthians.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord. **Thanks be to God.**

SEQUENCE (Shorter Form)
(The Sequence may be said or sung)

**Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children meant,
That may not unto dogs be given:
Oft in the olden types foreshadowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from heaven.**

**Come then, good shepherd, bread divine,
Still show to us Thy mercy sign;
Oh, feed us still, still keep us Thine;
So may we see Thy glories shine
In fields of immortality;
O Thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each Thy chosen guest,**

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day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters) ...
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Eucharistic Prayer
The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God. **It is right and just.**

Sanctus
Holy, Holy, Holy Lord God of hosts ...

After the Consecration
The mystery of faith.
When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

THE COMMUNION RITE

At the Saviour's command ...
Our Father, who art in heaven...
Deliver us, Lord ...
For the kingdom, the power and the glory are yours now and for ever.
Lord Jesus Christ ... **Amen.**
The peace of the Lord be with you always.

And with your spirit.
As the priest breaks the consecrated Host the following is sung or said:

Lamb of God, you take away the sins ...
Showing the Host to the people, the priest says:
Behold the Lamb of God ...


Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Antiphon (Jn 6:57)
Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Co-heirs of Thine, and comrades blest
With saints whose dwelling is with Thee.
Amen. Alleluia

GOSPEL ACCLAMATION (Jn 6:51-52)
Alleluia, alleluia!
I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever.
Alleluia!

GOSPEL (Lk 9:11-17)
The Lord be with you. **And with your spirit.**

 A reading from the holy Gospel according to Luke. **Glory to you, O Lord.**

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)
I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

At the words that follow, up to and including and became man, all bow.

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third