

The People's Mass

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters) ...
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.
Eucharistic Prayer
 The Lord be with you. **And with your spirit.**
 Lift up your hearts. **We lift them up to the Lord.**
 Let us give thanks to the Lord our God. **It is right and just.**

Sanctus
Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.
After the Consecration
 The mystery of faith.
We proclaim your Death, O Lord, and profess your Resurrection until you come again.

THE COMMUNION RITE

At the Saviour's command and formed by divine teaching, we dare to say:
Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
 Deliver us, Lord, ... **Amen.**
For the kingdom, the power and the glory are yours now and for ever.
 Lord Jesus Christ, ... **Amen.**
 The peace of the Lord be with you always. **And with your spirit.**

As the priest breaks the consecrated Host the following is sung or said:
Lamb of God, you take away the sins ...
Showing the Eucharist to the people, the priest says:
 Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.
Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.
Communion Antiphon (Ps 110:4-5)
The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

THE INTRODUCTORY RITES

Entrance Antiphon (Ps 53:6.8)
See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.
 In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**
 The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. **And with your spirit.**

Penitential Act
 Brethren (brothers and sisters), ...
A brief pause for silence follows.
 You were sent to heal the contrite of heart:
 Lord, have mercy. **Or: Kyrie, eleison.**
 Lord, have mercy. **Or: Kyrie, eleison.**
 You came to call sinners:
 Christ, have mercy. **Or: Christe, eleison.**
 Christ, have mercy. **Or: Christe, eleison.**

You are seated at the right hand of the Father to intercede for us:
 Lord, have mercy. **Or: Kyrie, eleison.**
 Lord, have mercy. **Or: Kyrie, eleison.**
 May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**

Gloria
Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, have mercy on us; / you take away the sins of the world, receive our prayer; / you are seated at the right hand of the Father, have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.

THE LITURGY OF THE WORD

FIRST READING (Gn 18:1-10)
 A reading from the book of Genesis.
 The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My Lord,' he said, 'I beg you, if I find favour with you, kindly do not pass

your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.' Abraham hastened to the tent to find Sarah. 'Hurry, he said 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' they asked him. 'She is in the tent', he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM

(Ps 14:2-5)
℟ The just will live in the presence of the Lord.
 1. Lord, who shall dwell on your holy mountain?
 He who walks without fault;
 he who acts with justice
 and speaks the truth from his heart;
 he who does not slander with his tongue. **℟**
 2. He who does no wrong to his brother,
 who casts no slur on his neighbour,
 who holds the godless in disdain,
 but honours those who fear the Lord. **℟**
 3. He who keeps his pledge, come what may;
 who takes no interest on a loan
 and accepts no bribes against the innocent.
 Such a man will stand firm for ever. **℟**

SECOND READING

(Col 1:24-28)
 A reading from the letter of St Paul to the Colossians.
 It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.
 The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION

(Acts 16:14)
 Alleluia, alleluia!
 Open our heart, O Lord,
 to accept the words of your Son. Alleluia!

GOSPEL

(Lk 10:38-42)
 The Lord be with you. **And with your spirit.**
 A reading from the holy Gospel according to Luke. **Glory to you, O Lord.**

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

The Gospel of the Lord.
 Praise to you, Lord Jesus Christ.

Profession of Faith

(Nicene Creed)
 I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

At the words that follow, up to and including and became man, all bow.

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful.