

GOSPEL ACCLAMATION

Alleluia, alleluia!
We adore you, O Christ,
and we bless you;
because by your cross
you have redeemed the world.
Alleluia!

GOSPEL JN 3:13-17

The Lord be with you. **And with your spirit.**

 A reading from the holy Gospel
according to John. **Glorify to you, O Lord.**

Jesus said to Nicodemus:

“No one has gone up to heaven
except the one who came down from heaven,
the Son of Man who is in heaven;
and the Son of Man must be lifted up
as Moses lifted up the serpent in the desert,
so that everyone who believes may have
eternal life in him.

Yes, God loved the world so much
that he gave his only Son,
so that everyone who believes in him may not
be lost

but may have eternal life.
For God sent his Son into the world
not to condemn the world,
but so that through him the world might
be saved.”

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)

I believe in one God, / the Father almighty, /
maker of heaven and earth, / of all things visible
and invisible. / I believe in one Lord Jesus
Christ, / the Only Begotten Son of God, / born of
the Father before all ages. / God from God,
Light from Light, / true God from true God, /
begotten, not made, consubstantial with the
Father; / through him all things were made. / For
us men and for our salvation / he came down
from heaven,

*At the words that follow, up to and including
and became man, all bow.*

and by the Holy Spirit was incarnate of the
Virgin Mary, / and became man. / For our sake
he was crucified under Pontius Pilate, / he
suffered death and was buried, / and rose again
on the third day / in accordance with the
Scriptures. / He ascended into heaven / and is

seated at the right hand of the Father. / He will
come again in glory / to judge the living and the
dead / and his kingdom will have no end. / I
believe in the Holy Spirit, the Lord, the giver of
life, / who proceeds from the Father and the
Son, / who with the Father and the Son is adored
and glorified, / who has spoken through the
prophets. / I believe in one, holy, catholic and
apostolic Church. / I confess one Baptism for
the forgiveness of sins / and I look forward to
the resurrection of the dead / and the life of the
world to come. **Amen.**

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice at your hands
for the praise and glory of his name, for our
good, and the good of all his holy Church.**

Eucharistic Prayer

The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**
Let us give thanks to the Lord our God.

It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. ...

After the Consecration

The mystery of faith.

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

THE COMMUNION RITE

At the Saviour's command ...

Our Father, who art in heaven, ...

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom,
the power and the glory are yours
now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.

And with your spirit.

Lamb of God, you take away the sins, ...

Behold the Lamb of God, ...

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon

Jn 12:32

**When I am lifted up from the earth,
I will draw everyone to myself, says the Lord.**

The People's Mass

14 September 2025
EXALTATION OF THE HOLY CROSS / C

THE INTRODUCTORY RITES

Entrance Antiphon

Cf. Gal 6:14

**We should glory in the Cross of our Lord Jesus
Christ, in whom is our salvation, life and
resurrection, through whom we are saved and
delivered.**

In the name of the Father, ... **Amen.**
The grace of our Lord ... **And with your spirit.**

Penitential Act

Brethren (brothers and sisters), ...

A brief pause for silence follows.

You were sent to heal the contrite of heart:

Lord, have mercy. **Lord, have mercy.**

You came to call sinners:

Christ, have mercy. **Christ, have mercy.**

You are seated at the right hand of the Father
to intercede for us:

Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy on us, ... **Amen.**

Gloria

**Glorify to God in the highest, / and on earth peace
to people of good will. / We praise you, / we
bless you, / we adore you, / we glorify you, / we
give you thanks for your great glory, / Lord God,
heavenly King, / O God, almighty Father. / Lord
Jesus Christ, Only Begotten Son, / Lord God,
Lamb of God, Son of the Father, / you take away
the sins of the world, have mercy on us; / you
take away the sins of the world, receive our
prayer; / you are seated at the right hand of the
Father, have mercy on us. / For you alone are
the Holy One, / you alone are the Lord, / you
alone are the Most High, Jesus Christ, / with the
Holy Spirit, / in the glory of God the Father.
Amen.**

THE LITURGY OF THE WORD

FIRST READING

Nb 21:4-9

A reading from the book of Numbers.

On the way through the wilderness, the Israelites
lost patience. They spoke against God and against
Moses, ‘Why did you bring us out of Egypt to die in
this wilderness? For there is neither bread nor
water here; we are sick of this unsatisfying food.’

At this God sent fiery serpents among the people;
their bite brought death to many in Israel. The

people came and said to Moses, ‘We have sinned
by speaking against the Lord and against you.
Intercede for us with the Lord to save us from these
serpents.’ Moses interceded for the people, and the
Lord answered him, ‘Make a fiery serpent and put
it on a standard. If anyone is bitten and looks at it,
he shall live.’ So Moses fashioned a bronze serpent
which he put on a standard, and if anyone was
bitten by a serpent, he looked at the bronze serpent
and lived.

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM

Ps 77:1-2.34-38

Never forget the deeds of the Lord.

1. Give heed, my people, to my teaching;
turn your ear to the words of my mouth.
I will open my mouth in a parable
and reveal hidden lessons of the past. **℟**
2. When he slew them then they would
seek him,
return and seek him in earnest.
They would remember that God was
their rock,
God the Most High their redeemer. **℟**
3. But the words they spoke were mere flattery;
they lied to him with their lips.
For their hearts were not truly with him;
they were not faithful to his covenant. **℟**
4. Yet he who is full of compassion
forgave their sin and spared them.
So often he held back his anger
when he might have stirred up his rage. **℟**

SECOND READING

Ph 2:6-11

A reading from the first letter of St Paul
to the Philippians.

The state of Jesus Christ was divine, yet he did not
cling to his equality with God but emptied himself to
assume the condition of a slave, and became as
men are; and being as all men are, he was humbler
yet, even to accepting death, death on a cross. But
God raised him high and gave him the name which
is above all other names so that all beings in the
heavens, on earth and in the underworld, should
bend the knee at the name of Jesus and that every
tongue should acclaim Jesus Christ as Lord, to the
glory of God the Father.

The word of the Lord. **Thanks be to God.**

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