

## GOSPEL

(Mt 5:1-12)

The Lord be with you. **And with your spirit.**

A reading from the holy Gospel according to Matthew. **Glorify to you, O Lord.**

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

'How happy are the poor in spirit; theirs is the kingdom of heaven.

Happy the gentle: they shall have the earth for their heritage.

Happy those who mourn: they shall be comforted.

Happy those who hunger and thirst for what is right: they shall be satisfied.

Happy the merciful: they shall have mercy shown them.

Happy the pure in heart: they shall see God.

Happy the peacemakers: they shall be called sons of God.

Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Profession of Faith (Nicene Creed)**

I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven,

*At the words that follow, up to and including and became man, all bow.*

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no

end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

*The priest introduces the Prayer of the Faithful.*

## THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...

**May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

**Eucharistic Prayer**

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

**Sanctus**

**Holy, Holy, Holy Lord God of hosts. ...**

**After the Consecration**

The mystery of faith.

**We proclaim your Death, O Lord, and profess your Resurrection until you come again.**

## THE COMMUNION RITE

At the Saviour's command ...

**Our Father, who art in heaven, ...**

Deliver us, Lord, we pray, from every evil, ...

**For the kingdom, the power and the glory are yours now and for ever.**

Lord Jesus Christ, ... **Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

*As the priest breaks the consecrated Host the following is sung or said:*

**Lamb of God, you take away the sins ...**

*Showing the Host to the people, the priest says:*

Behold the Lamb of God, ...

**Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

**Communion Antiphon Cf. Mt 25:34. 36. 40**

**Come, you whom my Father has blessed, says the Lord. I was sick and you visited me. In truth I tell you, in so far as you did this to one of the least of these, you did it to me.**

# The People's Mass

1 February 2026

ST BRIGID (4th Sunday in Ordinary Time) / A

## THE INTRODUCTORY RITES

**Entrance Antiphon (Cf. Job 30:25)**

**Did I not feel for those whose day was hard? Was not my soul grieved for the poor?**

In the name of the Father, ... **Amen.**

The grace of our Lord Jesus Christ, ...

**And with your spirit.**

**Penitential Act**

Brethren (brothers and sisters), ...

*A brief pause for silence follows.*

I confess to almighty God / and to you, my brothers and sisters, / that I have greatly sinned, / in my thoughts and in my words, / in what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault, through my fault, / through my most grievous fault; / therefore I ask blessed Mary ever-Virgin, / all the Angels and Saints, / and you, my brothers and sisters, / to pray for me to the Lord our God.

May almighty God have mercy on us, **Amen.**

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

**Gloria**

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, have mercy on us; / you take away the sins of the world, receive our prayer; / you are seated at the right hand of the Father, have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.

## THE LITURGY OF THE WORD

**FIRST READING (Zeph 2:3;3:12-13)**

A reading from the prophet Zephaniah.

Seek the Lord all you, the humble of the earth, who obey his commands. Seek integrity, seek humility: you may perhaps find shelter on the day of the anger of the Lord. In your midst I will leave a humble and

lowly people, and those who are left in Israel will seek refuge in the name of the Lord. They will do no wrong, will tell no lies; and the perjured tongue will no longer be found in their mouths. But they will be able to graze and rest with no one to disturb them.

The word of the Lord. **Thanks be to God.**

**RESPONSORIAL PSALM (Ps 145:7-10)**

**How happy are the poor in spirit; theirs is the kingdom of heaven.**

1. It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. **R**
2. It is the Lord who gives sight to the blind, who raises up those who are bowed down, the Lord, who protects the stranger and upholds the widow and orphan. **R**
3. It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. **R**

**SECOND READING (1 Cor 1:26-31)**

A reading from the first letter of St Paul to the Corinthians.

Take yourselves, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord. The word of the Lord. **Thanks be to God.**

**GOSPEL ACCLAMATION (Mt 11:25)**

**Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!**

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